



EASTER TRAINING CAMP

THE CAMP

The 2021 Truro Fencing Club Easter Training Camp will take place at **The Cornwall Fencing Centre**, Truro School, Trennick Lane, Truro, TR1 1TH from Wednesday 15th April to Saturday, 17th April 2021. This camp will be **sabre only** with training from 9.30am to 4.30pm on all three days. Enrolment on the camp also entitles you to attend Truro Fencing Club's evening session on Thursday 15th April, 2021. The Camp will provide top-class coaching, fitness training, footwork, sparring and sports education. Included in your course fee is lunch, water, sports drinks and energy snacks. As well as fencing kit, you will need running shoes, extra T-shirts and a towel.

THE COACHES

Sabre Jon Salfield, Balazs Kurucz, Nikolai Dinev

Our international coaches will help you develop all aspects of your game through one-to-one lessons, tactical coaching, conditioning and footwork training. All of the course coaches have coached at World level. Expert support staff will provide specialist workshops in strength & conditioning, injury prevention and more.

THE COST

3 days training (TFC member)	£145 (EB £130)
3 days training (Non-member)	£165 (EB £150)
3 days training (TFC HP member)	£ 80 (EB £65)

Early Bird rates: £15.00 off until Monday, 22nd March 2021

Places are limited and bookings must be made by March 31st at the latest. Enquiries and enrolments: admin@trurofencing.co.uk
07532 310382



EASTER TRAINING CAMP

Please enrol me on the 2021 TFC Easter Training Camp

I would like to attend on the following basis (circle as appropriate)

EASTER CAMP 2021

3 days training (TFC member)	£145 (EB £130)
3 days training (Non-member)	£165 (EB £150)
3 days training (TFC HP member)	£ 80 (EB £65)

BACS payments to Acc. 41728296 s/c. 40-44-34 payment ref EC21

Fencers Name _____

Address _____

Email _____

Fencers date of birth _____

Emergency Contact Name & mobile _____

Medical conditions – Please state any medical conditions or serious allergies of which we should be aware:

Please note, food/snacks provided on the course may contain nuts.

'I am in a fit condition to take part in rigorous physical exercise. I accept that Truro Fencing Club, its coaches, volunteers and officers cannot be held liable for any loss or injury to property or person arising during this Training Camp'.

Name _____ Date _____

Signed (Parent or Guardian if U18) _____