



RETURN TO FENCING

CONTENTS

The 4-stage action plan	page 1
1. PLAN	page 1
2. PREPARE	page 4
3. PROTECT	page 8
4. REVIEW	page 9
<i>Appendices</i>	
<i>Appendix 1. Guidelines for Fencers</i>	<i>page 10</i>
<i>Appendix 2. Guidelines for TFC coaches & staff</i>	<i>page 12</i>
<i>Appendix 3. Phase return to fencing: 1 & 2</i>	<i>page 15</i>
<i>Appendix 4. Coronavirus symptoms and what to do</i>	<i>page 16</i>
<i>Appendix 5. The new salle layout plan</i>	<i>page 17</i>
<i>Appendix 6. Your Welfare</i>	<i>page 18</i>

THE TFC 4-STAGE PLAN TO RETURN TO FENCING

1. **PLAN** for considerations which will ensure TFC is prepared to open the salle
2. **PREPARE** the salle prior to any fencing activity
3. **PROTECT** the safety of fencers, staff and salle visitors while the salle is open
4. **REVIEW** and update TFC plans regularly once the salle is open and operating

Coronavirus COVID-19 (C-19) is having a significant impact on the sporting sector. We find ourselves living in very difficult times where uncertainty is the new normal. We need to think differently about how we plan for future activity.

It is critical that the re-opening of the salle is well-planned and carefully managed to prevent any future outbreaks of C-19.

Easing of restrictions will be incremental, which will likely result in a phased or partial re-opening of the salle, (including any temporary use of outdoor facilities) and resumption of training, rather than being able to fully open at a fixed point.

We have developed this document to get TFC 'Fit to Fence', which includes a four-stage best practice plan that we will follow to ensure the health and safety of fencers, staff and salle users is protected. It has been written with a zero-tolerance approach towards the transmission of C-19 at our facility and is applicable to all areas of our facility.

1. PLAN

Establishing a C-19 Management Group

This group will be responsible for creating and communicating the actions listed below. This will allow coaching staff to focus on the re-activation of fencing.

Developing a re-instatement plan

To consider if and when the salle can be fully opened or partially opened and how this might be phased. Access to some areas will need to be restricted or prohibited altogether to maintain social distancing or cleaning standards. The C-19 Management Group will develop and review this plan and its effectiveness.

Connecting with members

Regular communication by email or other means to be held with committee, staff, volunteers and members to keep them informed and engaged in plans.

Review and update existing operating

- Health and Safety policies
- Safeguarding policies
- Normal and emergency operating procedures
- Cleaning and maintenance schedules
- First Aid provision
- Incident* and Accident reporting
- Waste disposal

Consider how TFC will report a COVID-19 outbreak from our facility

*Take temperatures and record attendance of all staff, fencers and salle users at each session and create a serious incident management plan, including all up-to-date emergency contact details.

Risk Assessments

Ensure that risk assessments include relevant controls/processes proposed as a result of UK Government guidance.

Review practice with British Fencing (BF)

Engage fully with BF for guidance on returning to training and competition under social distancing restrictions set out by the UK Government. Assess how these impact on how and when TFC can open.

Personal Protective Equipment (PPE) requirements

Coaching staff will wear protective equipment appropriate to their role and in line with usual practice, and in addition all staff and all users of the fencing salle will be required to wear face masks at all times in the training hall.

Impact that a period of shutdown may have had on the facility

It is not yet recommended that TFC action anything, including facility checks, until this is safely done in line with UK Government guidance, by Truro School. Please refer to page 7, for facility items Truro School is responsible for.

Current and future cleaning requirements

Review cleaning methods, frequency and cleaning check procedures; implement the detailed list of cleaning requirements to follow UK Government guidelines.

Hygiene, health & safety

Cleaning, hand and respiratory hygiene are core measures and provision will be made for these, in particular face masks are to be worn by all users at all times in the training hall. Clear hygiene instructions for individuals and staff, cleaning of facilities and equipment, and waste disposal will be established.

Social distancing implications (*Appendix 5. p17*)

- Limit capacity of the venue in order to maintain the social distancing standard set out by the UK Government. This will have implications on how coaches and fencers can use the salle and plan training sessions
- Access and egress to the salle and facilities to be managed and clearly marked to maintain social distancing
- Fencers to be reminded of social distancing when using the car parks on site
- Move to online booking for lessons, and remote payments for all members - cheques and/or cash will be unacceptable until further notice

Programming of sessions

Time will be allowed in-between training sessions to thoroughly clean the space and any equipment used. To maintain social distancing standards, more time will be required in-between training sessions to prevent the crossover of participants, either within the salle or externally in the car parking area/drop off area.

Reviewing how you record participant attendance

TFC will record every attendance, arrival and departure time of any individual at the salle. This will help in the event that track and trace is required after contact with future C-19 cases. This data should be recorded without any need for sign in sheets/pens that could be high risk transmission points and should be stored confidentially following GDPR requirements.

2. PREPARE

Inspect existing condition of facility

A thorough building inspection and walk around to identify of any issues, damages, leaks or infestations. This will help us to plan what work needs to be carried out prior to opening the facility

Remove all equipment/furniture that cannot be cleaned - make essential facilities easy to clean

Remove or put out-of-bounds any equipment, fixtures, memorabilia, small sports items, trophies and fittings that may be unneeded and/or difficult to clean at this stage. Consider how items such as toilet rolls & paper towels are provided. Commercial style dispensers to minimize touchpoints and make cleaning easier and to clean and restock regularly

Identify high traffic touch points

All high traffic touch points to be identified, regularly cleaned and sanitised. This includes all internal and external door handles or touch plates, internal or external handrails, gates or fences, IT equipment, scoreboards, desks, phones and taps, to inform the cleaning schedule/s

Pest control measures

Check for any evidence of vermin or insect infestations

Check insurance

Check with the club's insurance companies that our insurance covers the re-opening of the facility as planned, at all stages, for the club, staff/coaches, facility users.

PPE

Ensure the correct PPE is purchased and provided as required, with back up in any case of emergency or equipment failure i.e. 2 x non-contact thermometers.

Deep Clean

Deep clean the facility prior to its opening, identify a cleaning team and how the cleaning will take place in order to get it back to its normal operating standard. Given the unknown nature of people carrying the virus, the facilities to be deep cleaned in line with UK government guidance for suspected cases. Particular attention to be given to critical areas and touch points such as changing rooms (showers & toilets) all activity areas and essential equipment

Any public areas where a symptomatic individual has only passed through (spent minimal time in), e.g. corridors, and which are not visibly contaminated with any body fluids, do not need to be further decontaminated beyond routine cleaning processes.

Environmental cleaning to be undertaken using disposable or washable cloths and mop heads using standard household detergent and disinfectant that are active against viruses and bacteria. All disposable cloths and mop heads used to be disposed of, into waste bags following UK government guidelines.

Trial the regular cleaning schedule

Specifically important for indoor areas such as toilet block, strength and conditioning areas and the fencing area. Appropriate cleaning time to be built into programming. Indoor spaces to be cleaned between classes and/or activity groups. All sporting equipment to be thoroughly cleaned prior to and after use.

Cleaning checks

Following a deep clean every Monday morning this will be checked by a nominated responsible member of the TFC C-19 Management Group, weekly. In addition, the coach in charge of each session to be responsible for checking all cleaning has taken place as planned before, between and after each session.

Provide hand-sanitising stations

To be located at the entrance and exit points (*Appendix 5. p16*) and any other key areas and should include pump action hand sanitizers and disposable gloves for all staff and facility users.

Ensure hand washing facilities are fit for purpose

The hand-washing facilities in the toilet, must have either hot water, liquid soap or antibacterial gel/foam available for all facility users and be cleaned and restocked regularly. Currently the responsibility of Truro School, to be reviewed and actioned as appropriate.

Ensure all equipment is cleaned, disinfected and fit for purpose

Procedures established to clean equipment before and after use to ensure the safety of participants and coaches. Participants to be required to bring their own equipment, cleaned by them at home. Members will be able to borrow a full set of club equipment and will be responsible for its cleanliness and maintenance for the period in which these restrictions are in place.

Clearly identify the areas of the facility that are open or restricted.

Ensure that the areas where members, volunteers, coaches and visitors can go are clearly marked, controlled and monitored, before, during and after sessions. All surfaces and touch points to be thoroughly cleaned before and after use as noted.

- Showers and changing areas not be used unless by prior agreement in special circumstances - likely to open at a later stage than the rest of the facility
- Toilets available for use, cleaning and stocked as noted
- Lockers will be out of bounds for at least the first phase of return to fencing
- Lockers will be emptied, refurbished, cleaned and reallocated with social distancing in mind for the second phase of return – to be regularly reviewed
- Emergency exit routes to be clearly identified and available at all times

Socially distance the facility

Furniture and equipment will be reduced and repositioned, and seating removed from the training area to maintain social distancing. Any fixed equipment will be reviewed and marked as out of bounds depending on cleaning proposals, both internally & externally (*Appendix 5. P17*).

Provide social distancing markers

Markers on floors and ground identifying social distancing based on UK Government

guidance (currently 1m). Areas to consider include physical activity spaces, field of play, circulation spaces, seating and toilets (*Appendix 5. P17*).

Implement a one-way system

A one-way system for entering the building and toilet use has been established to maintain appropriate social distancing (*Appendix 5. P17*).

Ensure hygiene procedures are communicated to participants

- Communicated to users in advance of their arrival and managed onsite throughout use, to ensure compliance. Members and visitors will be issued with the Guide to Fencers (*Appendix 1. P10*) and the New Salle Layout Plan (*Appendix 5. P17*) prior to their attendance at the salle in order to familiarise themselves with the procedures before entering the facility
- Educate facility users to be responsible for their own hygiene to ensure we maintain a zero tolerance to the transmission of C-19 within the club's facility. Notices/posters/signage to be installed throughout the facility, as a reminder of good hygiene practices and all changes to usual protocols
- Communication and education will take place virtually, via email and social media, as well as repeated announcements within the facility. A mandatory C-19 induction will take place on the first visit of existing and new members. Following this induction, the member will be signed off to use the facility in line with the new processes

Ensure the workforce is fully informed

All coaches and personnel are aware of and understand changes to the facility and processes and are clear about any additional expectations TFC has of them. This includes managing the flow and expectations of users, hygiene, health and safety, social distancing requirements, safeguarding, the cleaning of equipment, programming sessions differently to comply with facility guidelines, the use of PPE, and the protocol for dealing with any possible outbreak of C-19 at the facility (*Appendix 2. P12*)

THE FOLLOWING ITEMS ARE THE RESPONSIBILITY OF TRURO SCHOOL (TS):

Water services checked by qualified staff

The water systems and the water quality will be tested for Legionella and other contaminants. All drains will be checked and unblocked, and any damaged drain covers should be repaired/replaced.

Gas services checked by Gas Safe engineer

Checks to be done by professionals nominated by Truro School to ensure they are safe to operate.

Electric systems checked by qualified staff

Mechanical & electrical services will require some checks and potential servicing. Truro School will ensure they are checked by a qualified electrician to ensure no risk is presented after this long period of shutdown.

Review ventilation systems

Check the existing electric window operation is fully functioning.

Alarms & safety systems checked by qualified staff

Ensure all safety systems and alarms are fully functioning. These may include fire alarms, CO2 alarms and warning systems in accessible toilets.

Waste disposal

Ensure waste is disposed of within UK Government guidelines, paying particular attention to all cleaning products used for deep-cleans, daily cleans and cleaning between sessions, plus disposable hand towels and sanitizer dispenser containers.

Toilets

TS to clean and stock toilets in line with TFC Cleaning Schedule following UK government guidelines. *NB TFC taking responsibility of this for the time being.*

3. PROTECT

Engage with UK Governing Bodies of Sport

Regularly engage with British Fencing & Sport England to fully understand and adhere to their requirements for training and competition at TFC and ensure this complies with UK Government guidance, specifically in relation to social distancing, activity space required and safeguarding children in sport.

Maintain record of users following GDPR

Records to be in place to identify all participants attending training sessions, including staff, coaches and non-fencers, and must include up to date ICE contact details. These will be used in line with reporting protocols in the event of a C-19 outbreak from our facility. (*Appendix 1 & 2. P10-12*)

Cleaning plan

Implement TFC cleaning & checking plan:

- Deep clean & sign off every Monday morning
- Daily clean & sign off every Tuesday & Thursday morning prior to first session
- Session cleans & sign offs between and after training sessions

Additional training for staff to deliver the cleaning plan. Ensure checks and sign offs are completed by C-19 Management Team & Coaches responsible, to ensure cleaning standards are met and maintained.

PPE for all facility users

Ensure the correct PPE is be used and/or provided following all guidance, as noted.

Personal hygiene measures for all facility users

Ensure all personal hygiene measures are in place and fit for purpose, sanitising stations and areas cleaned and restocked regularly.

Social distancing measures for all facility users

Ensure that social distancing measures are in place as planned and that the management of these continues (*Appendix 5. P17*)

Communication with members

Maintain frequent communication via the specified channels with users, staff and coaches to keep them up to date with current processes and any changes.

4. REVIEW

Operating Policies

Continue to review all TFC operating policies in line with UK Government guidance. Be mindful of restrictions that may increase as well as decrease at any stage, to control the potential of a second or third peak of infection.

Risk Assessments

Continue to review all TFC risk assessments in line with UK Government guidance, learning from the operational use and behaviour of all users within the facility.

National Governing Bodies of Sports plans

Remain diligent and up to date with any changes in line with UK Government restrictions and review at regular intervals.

Cleaning plan

Review and report to C-19 management Team, to ensure cleaning standard is met and maintained as planned and changes made in response to any issues identified.

Hygiene measures

Review and report to C-19 management Team, to ensure TFC hygiene measures are in place as planned, and changes made in response to any issues identified.

Social distancing measures

Review and report to C-19 management Team, an evaluation of the success of the implemented measures, and address any issues identified. Change measures as and if required. Any non-compliance may be a risk for transmission. This may mean areas of the facility are required to remain partially or fully closed.

Long term club planning

Consider the potential for a re-emergence of a C-19 style pandemic and any restrictions being reintroduced. This will form the basis of a club business continuity plan.

APPENDIX 1: Guidelines for Fencers

BEFORE ACTIVITIES

- Stay home if you have had close sustained contact in the last 14 days with anyone who was sick or known or believed to have COVID-19
- Stay home if you are sick or do not feel well
- Self-monitor and be symptom free for at least 14 days prior to any in-person club activity
- Wash and sanitize your hands often
- Avoid touching your face, eyes or mouth with unclean hands
- Practice social distancing where appropriate
- Wear a face mask to reduce exposure to airborne contaminated particles and reduce exposure to others
- Bring a spare face mask so you can change after training
- Bring a carrier bag with you so you can take your own waste away with you
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze (even when wearing a mask) and dispose of any tissues appropriately

DURING ACTIVITIES

TOILETS ARE OPEN

CHANGING ROOMS ARE CLOSED

NO DRINKING WATER IS CURRENTLY AVAILABLE AT THE SALLE

- Refrain from any activity if experiencing any COVID-19 symptoms and report this to the coach
- Comply with all safety measures applicable to or prescribed by Truro Fencing Club
 - MASK ON
 - SANITISE HANDS
 - SIGN IN
 - USE THE ONE WAY SYTEM
 - FOLLOW YOUR COACHES INSTRUCTIONS
- Come to the club already dressed in freshly washed workout clothing. Clothing should be suitable for public display and to wear under fencing uniforms, such that uniforms can be put on at the club, piste side, without the need for private changing
- Fencers will be required to keep kit and all personal belongings in their bags unless it's in use.
 - Coaches will enforce this
- Uniforms and other kit to be taken home and washed after training, not left in the club. No personal items whatsoever are to be left at the club; anything left at the salle will be thrown away

Continued...

- Do not share any equipment or personal items such as weapons, body-wires, fencing masks, gloves, and uniforms, with others. Equipment can be borrowed from the club on a temporary basis to ensure that you don't need to share anything
 - PLEASE PRE BOOK A TIME TO ARRANGE THIS OUT OF TRAINING HOURS
- At all times in the fencing venue you should wear a surgical or cloth mask covering nose and mouth, including under your fencing mask
- Practice social distancing as directed. No physical contact with other (EG no handshakes)
- Wash and sanitize your hands often, and ALWAYS on entering and leaving the facility
- Avoid touching your face, eyes or mouth with unclean hands
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze, and dispose of tissues appropriately
- Please feel free to bring and use your own hand sanitizer and/or sanitizing wipes
- Bring your own drink in a bottle clearly marked with your name, to avoid accidental sharing, and, if desired, energy bars. No other food or drink will be available or allowed (including from the club's water-cooler). Please remove all your own waste in your own bag at the end of your session

AFTER ACTIVITIES

- Wash and sanitize your hands often and ALWAYS on entering and leaving the facility and ensure your personal hygiene and kit cleaning standards are met
- Do not touch your face, eyes or mouth with unclean hands
- Monitor your health and report any symptoms directly and in confidence to TFC Admin, Jo
- Practice social distancing
- Cover your mouth and nose with a tissue or your elbow if you cough or sneeze and dispose of tissues appropriately
- Wash and sanitize all gear, uniforms and apparel used during the activity

APPENDIX 2: Guidelines for TFC Coaches & Staff

BY ARRIVING AT AND ENTERING THE SALLE, YOU CONFIRM YOU HAVE NOT:

- Been experiencing any signs or symptoms of COVID-19 (C-19)
(Appendix 4. p16)
- Been in contact with anyone suspected of having C-19 within the last 14 days

BEFORE ACTIVITIES CHECKLIST

1. Follow hand-sanitisation and all other hygiene protocols for TFC Coaches & Staff
2. Check signage is fit for purpose and clearly outlines TFC C-19 policies
3. Check all hand washing/sanitising stations in the salle are fit for purpose, clean and ready for use
4. Ensure changing rooms for changing or showering are cordoned off*
5. Verify that athletes, coaches and staff are symptom free and, to the extent reasonably possible, C-19 free as per the TFC REGISTER & SYMPTOM CHECKS (p13)
6. Ensure all persons entering the salle wear a surgical/cloth mask covering nose & mouth at all times
7. Enforce social distancing, hand-sanitisation, use of the one way system throughout and all other hygiene protocols
8. Limit the number of persons in the fencing centre at any one time and ensure all fencers are training only with their training bubbles fencers
9. Exclude non-athletes from the salle as far as possible**
10. Clean the venue and all equipment in line with the cleaning plan

*TOILETS WILL BE IN USE

**PARENTS, GUARDIANS, SIBLINGS AND OTHER NON-FENCERS ARE REQUESTED TO WAIT OUTSIDE IN THEIR VEHICLES

DURING ACTIVITIES CHECKLIST

TFC REGISTER & SYMPTOM CHECKS

TFC staff will take the temperature of all facility users, using a non-touch device. This will be documented on the C-19 club register as appropriate.

NB: If on entering the salle, a temperature of 38c is recorded, this indicates a line drawn for session closure. The session is ENDED and all fencers are sent home with advice from the TFC Coach on duty, that TFC will contact everyone accordingly ASAP, by the next morning at the very latest.

If an athlete has any signs or symptoms of C-19 during training at the salle, they will be sent home immediately and requested to contact their healthcare provider

If an athlete has any signs or symptoms of C-19 in a training session, end the session immediately, asking all fencers, families & friends etc., to leave the salle due to a potential C-19 case. The committee will review any potential outbreaks on an 'incident by incident' basis, communicating information and procedures accordingly to all individuals as appropriate.

An athlete who has exhibited symptoms of C-19 or has been in close contact with someone else who exhibited such symptoms whilst away from the salle, should **NOT** return to training until 14 days have elapsed without symptoms, or until a formal letter of clearance from a healthcare provider is provided to club administration. The athlete should notify Jo, TFC administrator in this instance, where information will be held in strict confidence.

If an athlete tests positive for C-19 or has been in contact with someone diagnosed with C-19, the club will notify all fencers and parents within the individuals training bubble and all others present at the training session, about possible exposure and a subsequent outbreak, in confidence, following safeguarding and GDPR guidelines.

TFC will **NOT** share the sick athlete's name with other fencers and/or parents to protect the privacy of the athlete and their family.

Exposed individuals should consult their own healthcare providers.

- Continue to clean and anti-bac disinfect the venue and equipment periodically where the club activities take place in line with the cleaning plan
- Ensure all surgical or cloth masks are covering the nose and mouth (even under fencing masks) and are worn at all times
- Participants should stretch, sit or recline away from fencing pistes, where viruses exhaled during training activities might settle

- Remove anyone from a club activity immediately if they exhibit any COVID-19 symptoms, following the steps outlined in the preceding section.

AFTER ACTIVITIES CHECKLIST

- Remind fencers to take away all individual clothing, equipment and food/beverage waste from the club when departing
- Remind fencers to wash kit at home immediately after every training session
- Take the EXIT register: all fencers & non fencers
- Sign out all loan uniforms and equipment to respective athletes and ensure it is taken home after each session
- Double check all individual clothing, equipment and waste has been removed from the salle and that nothing is stored in individual lockers before fencers leave
 - No equipment to be stored in any lockers (fencers or coaches)
- Sanitize all surfaces and equipment used during club activities in line with the cleaning plan

APPENDIX 3: Phase return to TFC Fencing Training

PHASE 1

- Group exercises, lessons and other activities will be modified, to be consistent with required and otherwise reasonable social distancing requirements
- Sparring and one-to-one lessons will not be permitted until specifically allowed by British Fencing. Handshakes will be eliminated, as will any activities that require or permit direct contact between athletes and between athletes and coaches
- Class sizes and the number of persons in the club will be limited to comply with applicable restrictions. Session times will be spaced out such that one training group exits the club 20-30 minutes before the next group arrives, to allow for interim cleaning and to prevent overlap of participants. Where possible, participants will be assigned to one training group to limit exposure/contact

PHASE 2

- Activities including full sparring and physical contact can resume without social distancing (possibly subject to other requirements). Class sizes and attendance in the club need not be restricted
- Regularly sanitize surfaces likely to be touched or otherwise infected during the club activity, including pistes, spools and scoring apparatus

APPENDIX 4: Coronavirus symptoms and what to do

Anyone with symptoms can and should request a coronavirus test

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-an-antigen-test-to-check-if-you-have-coronavirus/>

Currently, people in Cornwall are getting an appointment on the same day and results come in 2-3 days on average. When you receive a negative test and are symptom free you can return to fencing.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

The symptoms for the Coronavirus are very mild, but for some people it can be very serious. The main symptoms are:

- high temperature – this means you feel hot to touch on your chest or back (38C OR MORE FOR ALL AGES)
 - new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
 - loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
 - Most people with coronavirus have at least one of these symptoms.
 - Use 111 if you have any of the above symptoms.
 - 111 will tell you what to do and help you get a test if you need one.
 - Or, use [the 111 online coronavirus service](#)
- Do not go to a GP surgery, hospital or pharmacy**

Babies and children

- Call 111 if you're worried about a baby or child under 5.
- If your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999.
- Do not delay getting help if you're worried. Trust your instincts.
- Get more advice about [coronavirus in children](#).

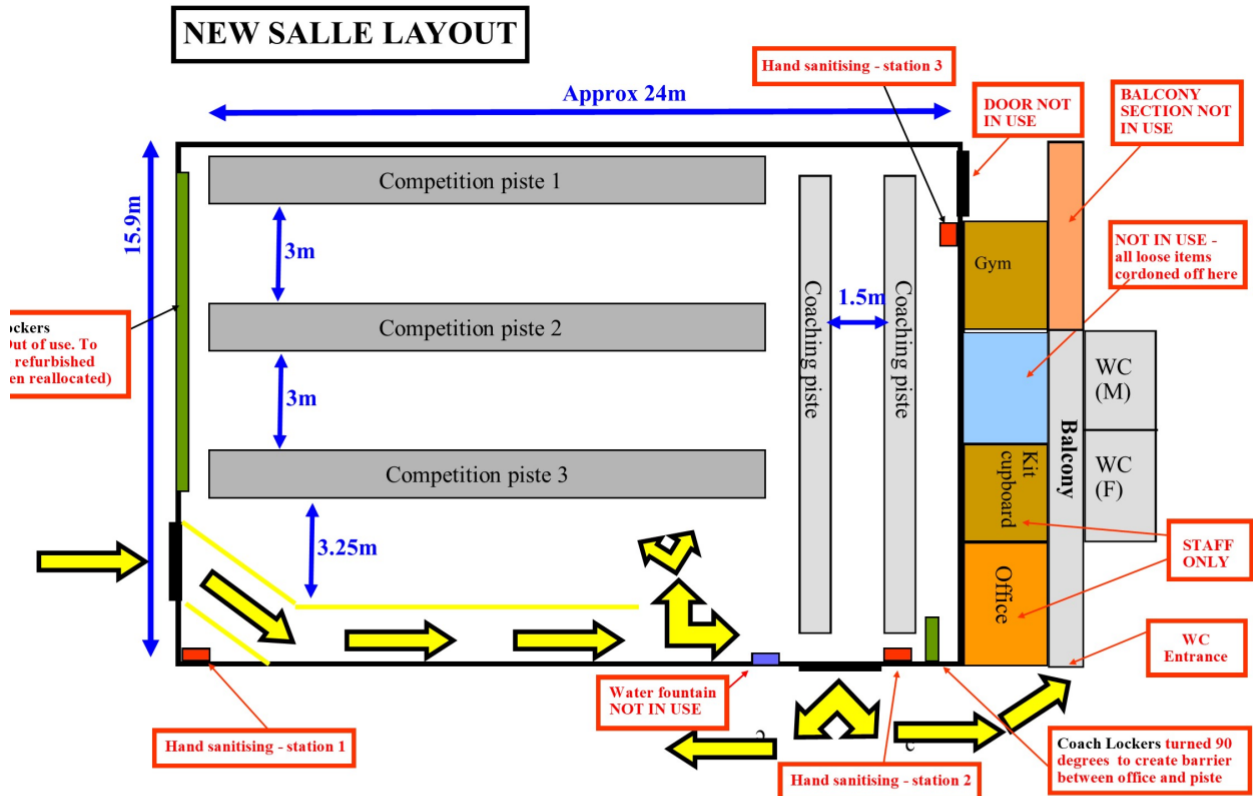
Staying at home if you have symptoms (self-isolation)

- If your symptoms are mild you must not leave your home. This is called self-isolation.
- Anyone with symptoms must self-isolate for 7 days from when their symptoms started.
- Anyone who does not have symptoms must self-isolate for 14 days from when the first person in your home started having symptoms.

Read more about [when to self-isolate and what to do](#).

APPENDIX 5: The new salle layout plan (version 1)

NB: salle floor plan amended to create a complete one way system w/c 27th July 2020 (Version 2)



CHANGES TO ENVIRONMENT:

1. Remove seating
2. Remove 2 competition and 1 training piste
3. Armoury/storage area cordoned off (Out of bounds)
4. Gym area cordoned off and only used as part of coached session
5. Flow of ingress/egress as below
6. Exit to swimming pool cordoned off and only to be used in emergency
7. Fencer lockers initially emptied and out of use, then refurbished, reallocated. Out of use til further notice
8. Side exit to be used to access emergency exit for toilets/balcony - only one person at a time to access toilets to avoid close contact on narrow stairs
9. Three hand sanitising stations to be installed
10. Phase one - maximum of 8 fencers, 2 coaches and 1 other staff member/officer/responsible adult

APPENDIX 6: Welfare

Your TFC Volunteer Welfare Officer is Rosalind Whitelegg

email: welfare@truofencing.com

mobile: 07979496312

While lots of people have coped well during lockdown, we understand that there are different experiences people will have had during this time. Some of the impacts to children and young people may be:

- Lacking confidence, as they have felt cut off from their friends
- Confused and stressed about how to behave because of social distancing
- They or someone they care about may have been or still be unwell
- Still be grieving because someone they love has died

Truro Fencing Club is here to support and listen to our young people and anyone in our Truro Fencing Community who needs it. We will be checking in with the children and young people on how they are feeling and doing.

Should you have any concerns about your own or another young person, please share these with us, so Ros may offer support as we begin phase 1 of a return to training. As with all safeguarding protocols, all communications will be treated confidentially.

For full details on the TFC Child Welfare Policy Statement, please refer to our website <https://truofencing.club/wp-content/uploads/2016/11/TFC-Child-Welfare.pdf>

COVID-19 Management Team

Jon Salfield, TFC Head Coach & BF registered Covid-19 Officer

Margie Mascolino, TFC Volunteer Committee Secretary

Balazs Kurucz, TFC Assistant Head Coach

Joanne M Bennett, TFC Club Administrator

Ros Whitelegg, TFC Volunteer Welfare Officer

COVID-19 Officer on duty

The member of the COVID-19 Management Team present during active sessions